

Zeitplan / timetable

Junioren / men		Zeit	Juniorinnen / women	
Technik / field	Bahn / track	23.06.	Bahn / track	Technik / field
		13:00		Stabhoch / Pole vault U20
	110m Hürden / hurdles VL	13:20		Speer / Javelin throw
		13:50	100m Hürden / hurdles VL	Hammer / hammer throw
	110m Hürden / hurdles EL B/A	14:35		
Kugel / Shot put		14:55	100m Hü. / hurdles EL B/A	Drei / Triple jump
	100 m VL	15:05		
	400m ZL	15:30	100 m VL	
		16:10		Stabhoch / Pole vault women
		16:10		Kugel / Shot put
Hammer / hammer throw		16:30	400m ZL	
Drei / Triple jump		16:50		
	100 m EL B/A	17:00		
		17:10	100 m EL B/A	
		17:25	1.500 m ZL	
Diskus / discus throw		17:30		
	1.500 m ZL	17:40		
	4 x 100 m / 1.Lauf / 1. race	18:10		
		18:20	4 x 100 m / 1.Lauf / 1. race	

Technik / field	Bahn / track	24.06.	Bahn / track	Technik / field
Stabhoch / Pole vault U20		11:00		
Weit / Long jump	400 m Hürden U20 / hurdles ZL	11:10		
	400 m Hürden / hurdles men	11:20		Hoch / High jump
		11:35	400 m Hürden U20 / hurdles ZL	
		11:50	400m Hürden / hurdles women	Diskus / discus throw
	4 x 100 m 2.Lauf / 2. race	12:10		
		12:20	4 x 100 m 2.Lauf / 2. race	
		12:30		
	800 m ZL	12:40		
		13:00	800 m ZL	Weit / Long jump
Speer / Javelin throw		13:20		
Hoch / High jump	Inklusionsstaffeln	13:20	Inklusionsstaffeln	
	200 m ZL	13:40		
Stabhoch / Pole vault men		14:00	200 m ZL	
		14:10		
	4 x 400 m ZL	14:30		
		14:40	4 x 400 m ZL	

Bitte beachten Sie auch : <http://www.junioren-gala.de>

Einlagewettbewerbe Männer/Frauen DLV intern

Technik / field	Bahn / track / men	24.06.	Bahn / track / women	Technik / field
	100m 1. Serie	15:00		
		15:15	100m 1. Serie	
	800m	15:30		
		15:40	800m	
		15:55	100m H 1. Serie	
	100m 2. Serie	16:10		
		16:25	100m 2. Serie	
	400m	16:40		
		16:50	400m	
		17:00	100m H 2. Serie	
	200m	17:15		
		17:20	200m	